



Dear Patient,

Thank you for contacting SIRM-STL. Attached in this email you will find our required new patient paperwork and additional information about SIRM-STL. Please return the required documents no later than 3 days prior to your appointment. In addition, we will call to confirm your appointment approximately 3 days prior to your appointment.

It is very important that we receive your paperwork prior to your appointment. You may either fax it to 314-983-9023 or email it to us (simply reply to this email) as soon as it is completed.

In addition to your paperwork, please be sure to obtain the following items and bring it with you to your appointment (if you are able to send it in advance, we would greatly appreciate it):

1. New Patient Questionnaire to be filled out completely (attached)
2. Prior medical Records (if applicable)
3. Copies of ID's for both patient and spouse/partner
4. Copies of you insurance card(s)-if you are sending this prior to your appointment, be sure to include both front and back.

If you have any questions and/or concerns, please do not hesitate to contact us. We will be happy to help you.

Thank you again for contacting us! It will be our pleasure to see you at your appointment.

SIRM-STL



## What to Expect at Your Visit

### **Initial Consultation with Your Physician**

The purpose and goal of your initial consultation with us at SIRM-STL is two-fold; to evaluate your case as comprehensively as possible and to provide you with an individualized plan of treatment. Please plan to spend one to two hours with us, including waiting time, as you will be spending time with your physician.

### **Financial Consultation**

After your initial consultation, a financial consultation will be performed. At this consultation your insurance coverage will be discussed; as well as the financial packages you may qualify for as offered by SIRM-STL. It is the goal of the Financial Counselor to make sure you understand all options and costs that may be incurred so that there are no financial surprises.

### **Prior to Cycle Start**

Should you decide to pursue treatment with us, we will require a deposit to secure your spot, at which time you will be scheduled with a Nurse Coordinator to prepare you for cycle. The coordinator will make sure all necessary lab screening/diagnostic tests are completed. Prior to starting injections, all necessary lab screening/diagnostic testing must be complete, all consents must be signed, all fees paid, and insurance benefits verified.

### **Please ask Questions**

We understand that this is an emotional, financial, and physical experience. Of course we wish everyone could have a positive outcome; however, we know that is not always possible. It is our goal to make this experience as pleasant as possible no matter what the outcome. We are here to answer all of your questions and concerns, please feel free to voice them.



### **Welcome to SIRM-STL Fertility Center**

Welcome and thank you for choosing SIRM-STL for your treatment. This letter is to explain our office policies and procedures to ensure that you receive the best care and treatment possible. While located in Missouri, SIRM-STL has assisted thousands of couples from around the world in their desire to become a family. To make your experience with us as easy and enjoyable as possible, we have provided you with some information about our practice.

#### **Office Mission**

We are pleased that you have chosen SIRM-STL to provide your medical care. Our mission is to help infertile couples complete their journey to joyful parenthood. Through the expertise of our staff, we commit to:

- Providing our patients with the highest quality of medical care in a sensitive, compassionate, and caring environment.
  - Ensuring outstanding IVF birthrates even in the most difficult cases.
    - Being accessible and available to our patients.
- Making IVF affordable through the provision of creative and consumer friendly outcome-based pricing and financing for medical services.
  - Taking on a leadership position as patient advocates.

We believe in the concept of providing patients with as much relevant information as possible. Our goal is to empower them to make informed decisions about their own treatment.

#### **Office Hours**

Our office hours are from 8:00am-4:30pm, Monday through Friday. Patients are seen on the weekend only during cycle. No routine visits will be scheduled on the weekends. We attempt to see you at your scheduled appointment time, however occasionally situations arise which require the Physician to spend a longer than scheduled time with a patient. Please understand that when the Physician sees you, she will provide you with the same individual attention.

#### **Telephone Calls**

Our telephone hours are 8:00am-4:00pm, Monday through Friday. Phone messages and test results are reviewed by the staff daily. Nurses will answer phone calls unless they are assisting the Physician or patient. It is our policy that all calls are returned within 24 hours however, emergency calls will be evaluated immediately.

#### **After Hours Calls**

We do have a nurse available on call 24 hours a day for medical emergencies. Simply call the office phone at 314-983-9000 and you will be directed to our on-call nurse.

We are looking forward to your upcoming consultation. Please let us know if we can be of further assistance in preparing for your appointment.



## Financial Policy

We are committed to providing you with the best possible care, and we are pleased to discuss our professional fees with you at any time. Your clear understanding of our Financial Policy is important to our professional relationship. Please ask us if you have any questions about our fees, Financial Policy, or your responsibility.

- All new patients are asked to complete our Patient Registration Form before seeing the doctor. We request that our established patients inform us of any changes in name, address, phone number, employer, and/or insurance status.
- **FULL PAYMENT OF ANY OUTSTANDING ACCOUNT BALANCE IS DUE AT TIME OF EACH VISIT**
- Co-payments, non-covered services, and annual deductible amounts are to be paid at the time of service (this includes HMO, PPO, and commercial insurances).
- CHECKS, MONEY ORDERS, MASTERCARD, VISA, AND DISCOVER are accepted as forms of payment. We do not accept cash payments for cycle balances. Cash is only acceptable as a form of payment for anesthesia services.

### **INSURANCE:**

- It is important for you to check your insurance plan in detail prior to your visit. It is your responsibility to know your coverage and to pay at the time of service for any services not fully covered by your plan in addition to co-pays that are due.
- Many HMO's and PPO's require a written referral or referral number for the specialty care provided in our office. Please make all necessary arrangements to obtain a referral prior to your visit when applicable. Failure to obtain necessary referrals may result in your appointment(s) being cancelled and/or postponed until it is received.
- The office will file insurance claims for professional services rendered with the exception of anesthesia services. Patient deductibles, co-insurance, co-pays, and non-covered services are due at the time of service. Co-pays are routinely collected at the time of service.
- If for any reason insurance denies a claim, the balance then becomes your full responsibility. We will attempt to appeal any claims deemed necessary but you will be responsible if insurance continues to deny claims.
- While we do our best to give you an accurate estimate, please note that we cannot tell you exactly what your insurance will pay towards services. The insurance company will only tell us deductible amounts, required co-pays, and co-insurance amounts.

### **PAYMENT ARRANGEMENTS:**

- If a patient and/or guarantor cannot make a payment in full at time of service, your appointment and/or cycle will be cancelled. You may set up a payment plan with our

Central Billing Office for any balance you are unable to pay however, no appointments will be continued and/or scheduled until the outstanding balance is paid in full.

**COLLECTIONS:**

- If it becomes necessary for your account to be placed in collections due to non-payment, the patient and/or guarantor are responsible for all associated collection costs in addition to your outstanding balance.

***Thank you for understanding our Financial Policy. We appreciate your compliance with this policy. Please let us know if you have any questions or concerns regarding your financial responsibilities.***

**ACKNOWLEDGEMENT:**

I have received a written copy of and understand the Financial Policy for SIRM-STL.

\_\_\_\_\_  
Responsible Party Signature

\_\_\_\_\_  
Date

Witness:

\_\_\_\_\_  
Staff Signature

\_\_\_\_\_  
Date



## Phone/Skype Consultation Payment Authorization

For your convenience, we do accept Visa, MasterCard, Discover, and American Express.

CC# \_\_\_\_\_ Dollar Amount \$150.00

Expiration Date \_\_\_\_/\_\_\_\_ Security Code \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Skype username \_\_\_\_\_

Address \_\_\_\_\_

Signature of Authorizing Credit Card Transaction \_\_\_\_\_

By signing this form, you are authorizing us to contact you via Skype to discuss medical information.

\*Please sign and return this form prior to your consultation, your payment will be processed immediately\*



555 North New Ballas Rd. Suite 150, St. Louis, MO. 63141  
Tel: 314.983.9000 Fax 314.983.9023

MEDICAL RELEASE FORM

I, \_\_\_\_\_, DOB \_\_\_\_\_, and  
\_\_\_\_\_, DOB \_\_\_\_\_

Hereby request that all of our medical records be release to my physician at the above address.

Requesting records from:

Physicians Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Please include the following information:

-Any lab work that has been performed within the last 3 years, including confidential testing such as:  
FSH, Estradiol, Prolactin, TSH, Blood type/RH factor, Rubella, Cystic Fibrosis, Varicella Zoster,  
Hepatitis A, B, & C, HIV, HTLV, CMV, RPR, VDRL, Chlamydia, Gonorrhea, CBC, LH, Ureaplasma, MTHFR,  
Factor V Leiden, Testosterone, Glucose/Insulin Tests, DHEAS, Semen Analysis w/ morphology, PAP  
Smear, Mammogram, Chest x-ray.

-Any of the following testing/procedures: Fluid ultrasound, Hysterosalpingogram, Laparoscopy,  
Hysteroscopy.

-Any information relating to all prior In Vitro Fertilization cycles and/or IUI's.

Patient

Witness

Date \_\_\_\_\_

Date \_\_\_\_\_

Name \_\_\_\_\_

Name \_\_\_\_\_

Signature \_\_\_\_\_

Signature \_\_\_\_\_



INSURANCE INFORMATION

Patient Name	Birthdate:	Address (if different)	Home Phone #:
Do you have Medicaid	Yes or No	Do you have Medicare	Yes or No
Occupation:	Employer:	Employer Address:	Employer Phone #:

Do you currently work for a Healthcare Facility, i.e. Wash-U, SSM, Mercy (if so, please list):

\_\_\_\_\_

Please indicate primary insurance: \_\_\_\_\_ Other: \_\_\_\_\_

Subscribers Name:	Subscribers SSN:	Subscribers Birthdate:	Group # and Claims Mailing (PO BOX) Address:	Policy #:	Co-Payment:
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Patient's Relationship to subscriber: \_\_\_\_\_ Other: \_\_\_\_\_

Name of Secondary Insurance:	Subscribers Name:	Group #:	Policy #:
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Patient's Relationship to subscriber: \_\_\_\_\_ Other: \_\_\_\_\_

Welcome and thank you for choosing SIRM-STL! We do ask that the above form be filled out and either emailed or faxed back to us at 314.983.9023 along with a copy of your insurance card(s). If you have any questions regarding insurance coverage, please feel free to contact us at 314.983.9000.

Thank you and we will look forward to seeing you!





### Welcome to SIRM-STL!

We are pleased that you have chosen us to provide your medical care. Our mission is to help infertile couples complete their journey to joyful parenthood. Through the expertise of our staff, we commit to:

- Provide our patients with the highest quality of medical care in a sensitive, compassionate, and caring environment.
- Be accessible and available to our patients at all times.

CLINICAL QUESTIONNAIRE			
Please fill out the following questionnaire as accurately as possible. If you have difficulty completing it, please call our office. We very much look forward to your upcoming consultation.			
Patient Name:		DOB:	Age:
Partner Name:		DOB:	Age:
Address:			
Telephone: (Home and/or Cell)		(W)	(FAX)
Email address:			
Social Security Number:		Spouse/Partner Social Security Number:	
How were you referred to us?			
<input type="radio"/> Friend	<input type="radio"/> Relative	<input type="radio"/> Seminar	<input type="radio"/> Other
OB/GYN:			
Date of Consultation:		Seeing Dr.:	
INSURANCE INFORMATION			
**Please fill out insurance information and make sure to send us a copy of both the front and back of the card(s)**			
Primary Insurance		Secondary Insurance	
Subscriber Name		Subscriber Name	
Insurance ID#		Insurance ID#	
Group #		Group #	
Customer Service #		Customer Service #	
HMO or PPO		HMO or PPO	

\*\*If you have HMO Insurance: You must obtain a referral from your insurance company and/or your OBGYN prior to your initial consultation\*\*

**OBSTETRICAL HISTORY**

How long have you been trying to have a baby? \_\_\_\_\_ Years

Have you ever been pregnant before?  Yes or  No

Date	Current /Prior Partner	Live Birth (Y/N)	Miscarriage/Abortion/ Ectopic	Wks.	Fetal Heart (Y/N)	D&C (Y/N )	Mode of Delivery	Sex	Wt .	Complications/Comments

**GYNECOLOGIC HISTORY**

When was the first day of your last period?

Are your periods regular?  Yes  No

Do you have heavy or prolonged bleeding (more than 5 days)?  Yes  No

Have you ever needed medication to bring on your period?  Yes  No

Pain with menstruation?  Yes  No

Degree of pain?  Mild  Moderate  Severe

Pain relieved by over the counter medications?  Yes  No

Begins a few days prior to the onset of bleeding?  Yes  No

Persists more than 48 hours?  Yes  No

Do you experience pain with ovulation?  Yes  No

Do you experience pain with sexual intercourse?  Yes  No

When was your last pap smear?

Have you ever had an abnormal pap smear?  Yes  No

Do you have a vaginal discharge?  Yes  No

a) Non irritant  Yes  No

b) Itching/burning  Yes  No

Do you experience pain with deep penetration during sexual intercourse?  Yes  No

Have you ever had a sexually transmitted disease? (i.e. Chlamydia, Gonorrhea, Syphilis, Herpes)  Yes  No

Was it treated?  Yes  No

Have you ever had Pelvic Inflammatory Disease (PID)?  Yes  No

When? Month \_\_\_\_ Year \_\_\_\_

Was it treated?  Yes  No

Do you experience milk or discharge from your breasts?  Yes  No

**PREVIOUS SURGERIES**

Have you ever had surgery?

Procedure	Date	Indication	Outcome

MEDICAL CONDITIONS		
Do you have a history of the following conditions?		
Condition	Yes/No	Comments
Migraine		
Thyroid Problems		
Asthma		
Heart Murmur		
Rheumatic fever		
High blood pressure		
Gastric/duodenal ulcer		
Bleeding tendency		
Problems with Anesthesia		
Diabetes		
Kidney stones		
Kidney infection		
Rheumatoid arthritis		
Other forms of arthritis		
Lupus Erythematosus		
Neurologic disorders		
Thrombophlebitis		
Sickle cell disease		
Thalassemia		
Cancer		
Blood Clots		
Other		
DRUG ALLERGIES		
Are you allergic to any medications or have a sensitivity to Latex?		<input type="radio"/> Yes <input type="radio"/> No
Medication	Reaction	
CURRENT MEDICATIONS		
Are you currently taking any medications?		<input type="radio"/> Yes <input type="radio"/> No
Medication	Dose	Frequency
FAMILY HISTORY		
Is there a history of any of the following conditions in your family?		
Condition	Yes/No	Comments
Diabetes		
Blood Clots		
Heart disease		
High Blood Pressure		
Birth defects		



Testosterone			
TSH			
Anti-sperm antibodies			
DQ Alpha/HLA			
Surgeries			
Vasectomy			
Vasectomy reversal			
Testicular Biopsy			
Varicocele surgery			
Hernia repair			
Undescended testes			
Surgical removal of testes			
Other			

**PREVIOUS FEMALE INFERTILITY EVALUATION**

Have you had any of the following tests or procedures?

Test/Procedure	Date	Result
Blood test (non-immunologic)		
FSH (Cycle day 3)		
Estradiol (Cycle day 3)		
LH (Cycle day 3)		
AMH		
Progesterone (7 days after ovulation)		
TSH		
Prolactin		
DHEAS		
Testosterone		
17 Hydroxy-Progesterone		
Blood type and RH- status		
Rubella		
HIV		
Hepatitis B surface antigen		
Hepatitis C antibody		
RPR/VDRL (Syphilis)		
Blood Tests (Immunologic)		
Antiphospholipid antibodies panel (APA)		
Natural Killer (NK) cell assay (K-562 test)		
DQ Alpha/HLA		
Anti-thyroid antibodies		
Pelvic Assessment		
Vaginal Ultrasound		
Hysterosalpingogram (HSG-Dye test)		
Fluid Ultrasound (Sonohysterogram)		
Hysteroscopy		
Other:		


**PREVIOUS INFERTILITY TREATMENT**  
 Have you ever used any of the following medications?

Medication	Date	Dose	# Cycles	Comments
Clomiphene Citrate (Oral)				
Letrozole				
Follistim/GonalF/Menopu r/Luveris				
HCG				
Progesterone				
Heparin/Lovenox				
IVIG				
LIT				
Intralipid (IL) Treatment				
Intrauterine Insemination (IUI)				
In Vitro Fertilization (IVF)				
Ovum Donation (OD)				
Gestational surrogacy (GS) or egg donation (OD)				

**IF YOU HAVE UNDERGONE IVF, ANSWER THE FOLLOWING QUESTIONS TO THE BEST OF YOUR ABILITY. MEDICAL RECORDS CAN BE ORDERED AT A LATER DATE.**

General Questions:	Response:
1. How many IVF cycles have you undergone?	Own Eggs: _____ Donor Eggs: _____
2. How many frozen embryo transfers (FET's) have you undergone?	
3. When did each cycle (using fresh or frozen embryos take place?	(MO/YR) 1. 2. 3. 4.
4. Outcomes in each Cycle: a. Negative Pregnancy Test b. Chemical Pregnancy (+ve pregnancy test without ultrasound confirmation) c. Clinical pregnancy (ultrasound confirmation) d. Miscarriage e. Molar pregnancy f. Live birth g. Still born	• • • • • • •

**QUESTIONS PERTAINING TO YOUR MOST RECENT FRESH IVF ATTEMPT**

General Questions	Responses
1. When did you undergo your most recent IVF?	(Month/Year)
2. Did you use oral contraceptive pills prior to cycle?	

3. Did you use Lupron (long/short) or Antagonists (Ganirelix/Cetrotide)?	
4. How many International units of gonadotropins (e.g., Follistim, Gonal F, and Menopur) were injected on the 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> day of the cycle treatment?	IU/Day 1 _____ IU/Day 2 _____ IU/Day 3 _____
5. How many follicles were observed by ultrasound exam?	
6. What was the peak plasma E2 level on the day of HCG?	
7. What was the maximal endometrial thickness?	_____ mm
8. What form and dosage of hCG did you receive as a "trigger" before the egg retrieval?	1. Profasi ___ Units 2. Pregnyl ___ Units 3. Novarel ___ Units 4. Ovidrel ___ Micrograms
9. How many eggs were harvested?	
10. Was ICSI used to fertilize the eggs?	
11. How many embryos were produced?	
12. Were cleaved embryos transferred on day 2 or 3?	
13. Were blastocysts transferred on day 5 or 6?	
14. How many embryos/blastocysts were transferred at ET?	
15. What was the quality (i.e. cell/grade) of each transferred embryo/blastocyst?	1. 2. 3. 4.
16. Were any embryos/blastocysts frozen?	<input type="radio"/> Yes <input type="radio"/> No
17. Do you have any frozen embryos left?	<input type="radio"/> Yes <input type="radio"/> No
18. Did you have any of the following immunotherapies?	
• Heparin	<input type="radio"/> Yes <input type="radio"/> No
• Lovenox/Clexane	<input type="radio"/> Yes <input type="radio"/> No
• Aspirin	<input type="radio"/> Yes <input type="radio"/> No
• Medrol	<input type="radio"/> Yes <input type="radio"/> No
• Dexamethasone	<input type="radio"/> Yes <input type="radio"/> No
• Prednisone	<input type="radio"/> Yes <input type="radio"/> No
• Intralipid (IL)	<input type="radio"/> Yes <input type="radio"/> No
• IVIG, LIT, Intralipid	<input type="radio"/> Yes <input type="radio"/> No